### Taping Methods Video Textbook

EDUCATIONAL DVD FEATURING UNIQUE METHODS BY RON O'NEIL, B.S.



- ➤ 35 step-by-step taping techniques
- Great class supplement
- Preventative and post-injury taping instruction techniques including:



# ANKLE & LOWER LEG

PreventativeTaping

(11 techniques)

Post-Injury
Taping

(6 techniques)

#### **KNEE**

Post-Injury for Collateral Ligaments & Hyperextension

(1 encompasing technique)

## UPPER EXTREMITY

Injury Prevention& Post-InjuryStability

(5 techniques)

#### **THIGH**

Post-InjuryTaping(3 techniques)

terraques)

#### **FOOT**

Preventative& Post-InjuryTaping

(2 techniques)

### AUXILIARY APPLICATIONS

Post-Injury:Support andCompressionof Joints &Muscles

(4 techniques)

Wound Care: Lacerations, Abrasions, MRSA

(3 techniques)



Taping Methods Video Textbook features Ron O'Neil, formerly a certified athletic trainer with more than 37 years of experience - 29 years as an athletic trainer with the National Football League. This DVD offers product application guidance and techniques to provide prevention of injury and post-injury protection and stabilization. The techniques detailed have been used by Ron throughout his career as an athletic trainer. Many of the taping methods in this textbook are unique to Ron and haven't been taught before.

Ron O'Neil, B.S. Consultant Sports Medicine Education Research & Development



Available for \$20 THROUGH Distributor!